

April 6, 2022

To the Parents and School Community of Sheridan,

In October of 2021 the Confederated Tribes of Grand Ronde (CTGR) were awarded a five-year grant that will run through the end of the 2025-26 academic year. This federal grant was provided through:

*The Administration for Children and Families
Family and Youth Services Bureau
Division of Adolescent Development and Support
Adolescent Pregnancy Prevention Program
Tribal Personal Responsibility Education Program (TPREP)*

One of the main components of the TPREP grant will be to begin a collaborative partnership with Sheridan School District. This partnership will focus on providing additional education and curriculum on personal health topics related to teen pregnancy prevention, sexually-transmitted disease education, healthy relationships, as well as peer and parent communication. This collaboration would take place in the health classrooms beginning in the 2022-23 academic year, and would end in the spring of 2026.

In the coming days, 7th-12th grade students in Sheridan will be asked to participate in a quick five to ten minute online survey. The survey is 100% voluntary, and not required. The confidential survey will be administered through NPC Research from Portland. It will focus on student attitudes and practices related to personal health. The questions will be about teen pregnancy prevention, sexually-transmitted disease education, and healthy relationships.

The confidential survey results will be collected to assist with researching and finding suitable age-appropriate curriculum that matches up with what the students and community may benefit from.

The student survey is included for you to preview. If you do **not** want your child to participate in the survey please contact your child's school by 3:00 PM Monday, April 11th.

Falconer-Chapman: 971-261-6960
Sheridan High School: 971-261-6970

Thank you for your time, we look forward to a productive partnership that will benefit the students and families of Sheridan.

Sincerely,

Matt Bucknell
CTGR TPREP Grant Coordinator

Dorie Vickery, Superintendent
Sheridan School District

Teen Sexual Health and Wellness Survey¹

Many teens do not have important information about how to protect themselves from sexually-transmitted diseases and/or pregnancy. We are asking you to fill out this survey to help us develop a program that teens would feel comfortable with and that fits your needs. The survey has 23 questions and will take 5-10 minutes to complete. This survey is confidential and entirely voluntary. We value your opinions!

1. How accepting is our community toward teens having sex? (In other words, do people in the community think it is okay for teens to have sex?)

Totally do not accept *Do not accept* *Unsure* *Somewhat accept* *Totally accept*

Comment: _____

2. What is the best way for teens to learn about sexuality/pregnancy? (Check all that apply)

- From parents
 From other family members
 From friends
 From internet resources or social media
 From books or movies
 From medical providers (doctors or nurses)
 From community-based youth programs (e.g., Girl Scouts, Cub Scouts and Tribal Youth Programs)
 From school health education classes
 Other (describe _____)

3. Do you think the schools are doing a good job teaching sexual health?

Yes *No* *Don't know* *Not taught at my school*

4. What is the right age to start talking to youth about sexually transmitted diseases (STDs), pregnancy, and sexual health? _____

5. If you had a question about sexual health, how likely would it be that you would talk with your parent/guardian about it?

Definitely would not *Probably not* *Unsure* *Probably would* *Definitely would*

¹ This survey was developed by the Teen Pregnancy Advisory Committee, with some questions adapted from a survey developed by the Turtle Mountain Band of Chippewa Indians.

6. What are the main reasons a teen in our community might become pregnant?
(Check the top three reasons, by writing a 1, 2 and 3 next to the 1st most important reason, 2nd most important reason and 3rd most important reason).

- Don't know enough about contraception (methods of not getting pregnant)
- Don't have money for contraception
- Don't know where to get contraception
- Embarrassed/afraid to ask about contraception
- Belief that becoming a parent would make relationship with the baby's other parent stronger
- Belief that being a parent is a respected role in the community
- Belief that becoming a parent means getting more resources from family, Tribe and state
- Forced/pressured into having sex
- Other reason (please describe) _____

7. What (if anything) worries you about you or your friends becoming pregnant?
(Check the top three reasons, by writing a 1, 2 and 3 next to the 1st most important reason, 2nd most important reason and 3rd most important reason).

- Teens with children tend to drop out of school
- Teens have a harder time reaching their goals
- Teen parents and their children are more likely to live in poverty
- Children of teen parents are less likely to have a relationship with both their moms & dads
- Teens don't have enough experience to be good parents
- Teens don't know what they are getting themselves into by having sex
- Sexually active teens do not understand the risks involved (STDs, HIV, teen pregnancy)
- I am not worried about teen pregnancy
- Other _____

8. What do you think is the average age that youth become sexually active? _____

9. If you thought you might have a sexually transmitted disease or that you or your partner might be pregnant, where would you go (or who would you talk to) to find out for sure?

10. In the past year, did you have sexual intercourse?

- No Yes

11. In the past year, did you get pregnant or get someone pregnant?

- No Yes I did not have sexual intercourse

12. In the past year, did you TRY to become pregnant or get someone pregnant?

- No Yes I did not have sexual intercourse

13. In the past year, did you use a condom or other method to prevent pregnancy when you had sexual intercourse?

- No Yes I did not have sexual intercourse

14. Have you ever been tested for a sexually transmitted disease (including Chlamydia, gonorrhea, syphilis, and/or HIV/AIDS)?

- No Yes

15. Imagine that you and your boyfriend/girlfriend have been having sex but have not used condoms. You really want to start using condoms. How sure are you that you could tell your partner that you want to start using condoms?

- Not sure at all Somewhat unsure Kind of sure Very sure Completely sure

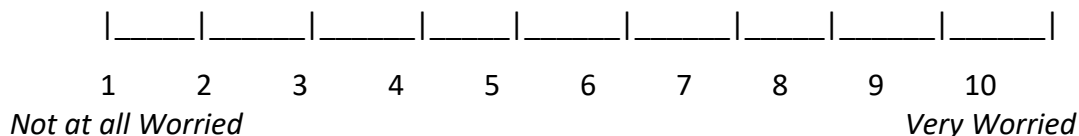
16. If a boy/girl puts pressure on you to be involved sexually and you don't want to be involved, how sure are you that you would say "no"?

- Not sure at all Somewhat unsure Kind of sure Very sure Completely sure

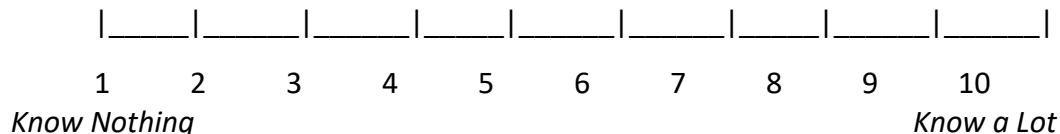
Using a scale of 1 to 10, with 1 being "not at all worried" to 10 being "very worried," how worried would you be about getting pregnant (if female) or getting someone pregnant (if male)?



17. Using a scale of 1 to 10, with 1 being "not at all worried" to 10 being "very worried," how worried are you about sexually transmitted diseases (STDs)?



18. Using a scale of 1 to 10, with 1 being "know nothing" to 10 being "know a lot", how would you rate your own knowledge about preventing sexually transmitted diseases?



19. Please rate how important it is for teens to get information on each of the topics below

- ▶ Healthy relationships
Very important important unsure not important not at all important
- ▶ Adolescent brain development
Very important important unsure not important not at all important
- ▶ Financial literacy (how to save money, use a checkbook, make and use a budget)
Very important important unsure not important not at all important
- ▶ Parent-child communication
Very important important unsure not important not at all important
- ▶ Educational/career success
Very important important unsure not important not at all important
- ▶ Sexual health education
Very important important unsure not important not at all important
- ▶ Teen dating violence
Very important important unsure not important not at all important
- ▶ Other (please describe: _____)
Very important important unsure not important not at all important

20. Please check the option that best describes you in the next 2 rows below:

a. Gender

- Male Female Trans Male Trans Female Neither male nor female (non-binary)

c. Age

- 11 or younger 12 13 14 15 16 17 18 or older

21. Do you have a child/children? Yes No

21. Of the following race and ethnic options below, please check **all that apply**.

- American Indian/Alaska Native Asian Black Latinx/Hispanic Native Hawaiian/Pacific Islander White Other please describe:

22. Are you... (please check all that apply)

- A Grand Ronde Tribal Member
- A Grand Ronde Tribal Descendant
- A member of another Tribe (please specify which Tribe): _____
- A descendant of another Tribe (please specify which Tribe): _____
- None of the above

Thank you for taking the time to complete this important survey!