



Free
**Trauma Informed
Parenting Group for
Resource Parents**

Join in a supportive small group setting with other resource parents to learn more about:

- . Parenting children who have experienced trauma**
- . Developmental stages in children**
- . Managing children’s “big emotions”**
- . Essential self-care strategies**

**Free Childcare up to age 8 &
Light Meal Provided**

**Seven sessions Feb 1-Mar 15 Wednesdays 5:30-7pm
Juliette’s House 1075 Cedarwood Ave, McMinnville**

To sign up call Julie from Juliette’s House at 503-435-1550 or email Jsiepmann@julietteshouse.org