



Nutrition Tip: Yogurt can be eaten in lots of fun ways. It can be made into a dip for fruits or veggies, used as a base for sauces or substituted for sour cream to top off your taco or baked potato. Try using yogurt in a smoothie to celebrate National Smoothie Day on June 21.



LUNCH

MONDAY

CHICKEN STRIPS
OR
QUESADILLA **01**

CHICKEN BURGER
OR
SANDWICH **08**

TUESDAY

HAMBURGER
OR
BURRITO **02**

COOK'S CHOICE **09**

WEDNESDAY

National Egg Day
COOK'S CHOICE **03**

CORNDOGS W/CHIPS
CARROTS, FRUIT
& DESSERT **10**

THURSDAY

PIZZA
OR
SANDWICH **04**

NO SCHOOL **11**

FRIDAY

NO SCHOOL **05**

NO SCHOOL **12**



IT'S
16

SUMMER
17

BREAK
18



Summer Food
6/22-8/7 **22**

City Park
11 AM **23**

FCS
11:30 AM **24**

SHS
12:05 PM **25**

LUNCH &
BREAKFAST
AGES 1-18 **26**

Kinder Kamp
8/17-8/20 **29**

30



Faulconer-Chapman Elementary and Middle School
All meals are offered a variety of vegetables/fruits & milk

JUNE 2026