



Indoor/Outdoor Full Contact Sports Opt-In Form

Updated 4/22/2021

This form is to be used by a school located in a county designated as High Risk or Extreme Risk to notify of its intent to opt in to offer outdoor contact sports for the 2020-21 school year in accordance with the Oregon Health Authority’s Sector Guidance – Indoor Recreation and Indoor Fitness Establishments. Once final, post this form to your school or district website and a link to it will then be sent to ODE.

In Lower Risk and Moderate Risk counties, practices and games for outdoor contact sports, including high school football, can resume following health and safety guidance to be issued by the Oregon Health Authority.

In High Risk and Extreme Risk counties, where COVID-19 remains more widespread, schools and other sports organizations can opt-in to resuming outdoor full contact sports with additional protocols in place. In such counties, sports organizations must offer on-site responsive testing for symptomatic individuals and close contacts, contact information for contact tracing, and a waiver identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19. Schools in Extreme and High Risk counties must also have at least limited in-person instruction occurring, with the goal of achieving hybrid or full in-person instruction for students this school year. Schools must also be in compliance with state guidance for COVID-19 testing.

Please fill out the following information for your school, district or program:

Information Needed	Your Response
Name of School, District or Program	Sheridan High School
Key Contact Person for this Plan	William (Randy) Rorrer, AD/Alanna Russell, nurse
Phone Number of this Person	Rorrer 904-504-1026/Russell 503-508-8257
Email Address of this person	William.rorrer@sheridan.k12.or.us/alanna.russell@sheridan.k12.or.us
Specify Outdoor Contact Sports Included in this Plan	Football, Stunt Cheer, Basketball & Wrestling
Intended Starting Date for this Plan	Feb. 16, 2021

School Instructional Model

OHA Requirements

- The school must Offer, at a minimum, Comprehensive Distance Learning *with* Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
- Detail your school's current instructional model and note the date it began.

Plan Details for School Instructional Model

We have been conducting limited in-person instruction for nearly two months, and Hybrid (on-site instruction model) started on March 8.

<https://www.sheridan.k12.or.us/domain/1112>

On-Site Testing for Symptomatic Individuals and Close Contacts

OHA Requirements

- The school must offer on-site responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. This applies to athletes and support staff and volunteers. Schools must also be in compliance with state guidance for COVID-19 testing.
- Detail your school's specific plans to meet this requirement.
- Please review [COVID-19 Testing in Oregon's K-12 Schools](#) for additional information.

Plan Details for On-Site Testing for Symptomatic Individuals and Close Contacts

Please enter the details of your plan that correspond to the requirements listed above:

Our school nurse (Alanna Russell) has a comprehensive in-school plan established, and we will modify that to include athletics by training our athletic director (Randy Rorrer) and designated coaches for each sport.

<https://www.sheridan.k12.or.us/Page/1198>

Contact Information for Contact Tracing

OHA Requirements

- The school must commit to collecting contact information for the purpose of contact tracing for each participant, coach, official, staff member, spectator, etc. for each outdoor contact sports practice and contest.
- Detail your school's specific plans to meet this requirement.
- Sample contact tracing forms:
 - [COVID Monitoring Form: Excel](#)
 - [COVID Monitoring Form: PDF](#)

Plan Details for Contact Information for Contact Tracing

Please enter the details of your plan that correspond to the requirements listed above:

We have been using the contact-tracing forms since we began off-season workouts as far back as September.

<https://www.sheridan.k12.or.us/domain/1082>

Student-Athlete Waiver

OHA Requirements

- The school must have a waiver completed for each student-athlete prior to outdoor contact sports participation identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19.
- Waivers must be kept on file at the school. Detail your school's specific plans to meet this requirement.
- [Sample Student Waiver Form](#)

Plan Details for Student-Athlete Waiver

Please enter the details of your plan that correspond to the requirements listed above:

We have been using the student-athlete waivers for all athletes that we downloaded from the OSAA as far back as August or September.