



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MyPlate



LUNCH

MONDAY

CHICKEN NUGGETS
W/GOLDFISH
OR
TURKEY SANDWICH **02**

LEMON CHICKEN OVER RICE
OR
TURKEY SANDWICH **09**

Presidents' Day
NO SCHOOL **16**

CHICKEN NUGGETS
W/GOLDFISH
OR
TURKEY SANDWICH **23**

TUESDAY

HAMBURGER
OR
CHILI W/CORN STARS **03**

CHICKEN BURGER
OR
SLOPPY JOES **10**

KOREAN BEEF OVER RICE
OR
CHEESEBURGER **17**

HAMBURGER
OR
HAYSTACK **24**

WEDNESDAY

CHICKEN ALFREDO
OR
QUESADILLA **04**

YOGURT PARFAIT
OR
CORNDOGS **11**

TURKEY GRAVY
W/BISCUIT
OR
QUESADILLA **18**

SWEET & SOUR CHICKEN
OVER RICE
OR
BURRITO **25**



THURSDAY

PIZZA
OR
HAM SANDWICH **05**

RIP STIX W/MARINARA
OR
HAM SANDWICH **12**

NACHOS
OR
RIBEQUE **19**

RIP STIX W/MARINARA
OR
HAM SANDWICH **26**

FRIDAY

NO SCHOOL **06**

NO SCHOOL **13**

PIZZA
OR
HAM SANDWICH **20**

NO SCHOOL **27**



Faulconer-Chapman Elementary and Middle School
All meals offer a variety of salad/fruit & milk.

FEBRUARY 2026